

Club: (Open age group)

You've done a beginners' course, but you're not quite ready to take over the world just yet. You don't know if you want to take this seriously and become competitive or just want to know more about the skills and techniques of fencing and hopefully accidentally get a little fitter in the process. Well, the Club session is for you. Classes combine fitness, footwork and skills sessions with free fencing to practice what you have been learning.

The Club session runs on **Wednesday from 6.30-9.30pm and Saturdays 2.00-4.30pm**



Development/Competition

The development/competition session is available to Cavaliers members only, and is focused on fitness and fencing skills of our members who want to take on the serious competitive side of fencing. Anyone can join this session but be aware this is not for the faint hearted. The coaches that run this session expect you to be dedicated to your training and you will need to demonstrate the standards set down by the coaches. The development/competition session runs on **Saturdays from 1.00-2.30pm**

TIMES

Wednesday 6.30 – 9.30 pm

Saturday 1.00 – 4.30 pm

Please refer to the individual group sessions for their start times

FEES

ECU Cavalier Fees

Annual Club Membership Fee Categories

- Senior (over 20)
- Junior (20 and under)
- Bladez (12 and under)

Other Fees

- Beginners' Course
- Bladez Try-out Fee (2 weeks)
- Equipment Hire

Please see our website for more details

www.cavaliers.com.au

Fencing WA Fees

- State Affiliation Fee - compulsory for all members
- Capitation Fee - compulsory if you want to compete at national level

Please see www.fencingwa.com for fee details

WHAT TO WEAR

You need to wear long pants and sports shoes; all fencing specific equipment available for hire.

Please Note: For safety reasons, shorts that are above the knees and jeans are not acceptable for fencing. If you are wearing either you may be excluded from the fencing session

ECU CAVALIER SCHOOL OF FENCING

PERTH WESTERN AUSTRALIA

Happily supported by

bankwest



VENUE

ECU Sport and Fitness Centre

Building 21 Edith Cowan University

Mt Lawley Campus

The Centre is located on Stancliffe Street, best accessed from Central Avenue.

CONTACTS

Secretary: Jinny Skerman

Email: secretary@cavaliers.com.au

Website: www.cavaliers.com.au

Facebook Page: [ECU Cavalier School of Fencing](https://www.facebook.com/ECUCavalierSchoolofFencing)

Facebook Group: [Cavaliers School of Fencing](https://www.facebook.com/CavaliersSchoolofFencing)

WELCOME TO THE SPORT OF FENCING



Fencing has its origins as far back as 2000BC in Upper Egypt to the present day sport which has been included in every modern Olympic Games since the first in 1896.



Our goal is to introduce you to a sport which has evolved through the centuries passing through the era of chivalry to the very exciting and athletic sport of today. It can be as physically demanding as any high speed sport yet psychologically subtle as you test, tease and lure your opponent into a situation you can control.



THE ECU CAVALIERS SCHOOL OF FENCING



The ECU Cavalier School of Fencing is Western Australia's oldest established Fencing Club; established in 1955.

Our Club aims to promote high standards of fencing following national standards of safety. We teach a modern style of fencing in line with national and international practices.

Whether you wish to enjoy the security of social fencing or whether you feel that competitive fencing is the way for you, you will feel comfortable within the friendly atmosphere of our Club. At ECU Cavalier School of Fencing we cater for both male and female fencers ranging in age from 9 to 80+.

The ECU Cavalier School of Fencing is affiliated to the Western Australian Fencing Association (Fencing WA). This allows our fencers to access state and interstate tournaments and to take advantage of the experience and tuition from

COACHES

Cavaliers has coaches for all three weapons. All our coaches are knowledgeable in their weapon(s) of choice, and a number have competed at National and International level.

If you wish to take private lesson, some of our coaches are available and costs are via private arrangement with the individual coaches.

FENCING AVAILABLE AT CAVALIERS:

In order to suit the needs of our members we have divided our group sessions into:

1. Beginner (13 years and over)
2. Bladez (9 -12 years)
3. Club (Open to all fencers)
4. Development/Competition (Club members only)

Beginner: (13 years and over)

Beginner's courses are those over who have never fenced before or haven't fenced for a while. The course runs for 7 weeks and covers footwork and blade work, introducing you to all 3 fencing weapons. Course cost covers your tuition, course notes and equipment hire for the full 7 weeks. The Beginners session run on **Wednesday from 7.30-9.30pm and Saturdays 2.30-4.30pm**. Please see our website www.cavaliers.com.au for more details and course dates



Bladez: (9 - 12 years old)

The Bladez group session is just for kids. Bladez is aimed children 9 to 12 years of age. Lessons on footwork and blade work are mixed in with games.

The Bladez group runs on a **Saturday afternoon from 1.00-2.00pm** during the WA public school term