

The Fencer

ECU Cavalier School of Fencing Newsletter



Note from the Editor

In October 2010, I recorded that our Club was at an all-time low – that club membership was well down and subsequently suffering from a lack of competitive spirit.

We were more or less a 'social gathering' – still a great place to be, but we needed the strength to move out of that space and take our rightful place, once more, among the top clubs of the state.

Clubs go in cycles and we can jump now to October 2014 to see what determination and hard work can achieve.

We have seen solid coaching teamwork which has produced a more cohesive and encompassing club training session. We have seen the implementation of a more structured Bladez coaching strategy.

With the introduction of the club handicap competitions, we have provided not only a good starting point for the beginners and the very young fencers to gain confidence, but also for all club members to be involved.

Needless to say, this has impacted positively on our levels of competition entry to state, national and, more recently, international tournaments.

These competitions now attract members from other clubs providing a most important social interaction necessary for our club. The positive influence of these competitions on our club cannot be underestimated.

The changes made to the administrative executive have also had a very positive impact on the development of the club. the administration between a Secretary and Registrar has lightened the load, making it a less onerous option for a volunteer. With luck, this change coincided with a restructure in the administration of FencingWA. This simplified the management of the club fees and bookwork.

We have increased our profile with the State and National Associations – this is a very forward move.

The current Tournament Director and Development Officer positions have been undertaken by Cavs representatives. We now have a member of Cavaliers as a WA representative on the National Women in Fencing Commission. We have referees working towards national levels.

We participate strongly in the management of National Tournaments held in Perth with our expertise in Equipment and Armoury. The state Female Fencing Day is becoming a regular, well-run feature of Cavaliers.

Cavaliers is a club well on its way. We hope that the forthcoming elections for the 2015 Committee will provide the

necessary reserves for this energy to continue on into its 60th year.

Gillian Kings-Lynne

Cavaliers Membership

Senior Male

Anderson Kalem Barrett-Lennard Chris Benetatos Chris Boujos Alex Brownrigg Leon Devenish Dylan Dul Andrew Foley Drew Gomez Jack Harbin Peter Harbin Piers Hodgson Toby Ivory Josh Kishi Lucien Kneale Damian Kwan Andrew Lee Yen-Sen Macintyre Simon MacRae Michael Middleton Mike Moorhouse Ryan Munro Andrew Ng Hendric O'Neill William Read Brodie Trichilo Gino Webster Stuart WolfingerSeymour

Junior Female

Berti Brianna Calligan Zari Hadwin Orlando Hodges Laura Kneale Amy Rosario Alice Rosario Grace Sanchez Monica

<u>Associates</u>

Algaba Rhonda Herzog Neil Perry Ruffo

Contract Coaches
Davies Malcolm
Hein Sven

Junior Male

Arnold Matthew **Austin Thomas** Calligan Hugh Foley Llewelyn Freedman Cameron Freedman Jarrod Freedman Lewis Haass Alexander Hepworth Fynn Luca-Morison Gabriel Marcus Sam Martin Darren McQuillen Patrick Rachetti Francesco Reynolds William Rosenberg Eli Rossaro Matteo Ruffo Antonio Steinkrug Kurt Stretton Mark Sweet Oscar Thomson Rvan Verana Joachim Wakelam Ellis

Senior Female Bath Alia

Black Marissa Carvosso Annabel Caunt Kylie Ellis Isobel Gulland Elizabeth Meredith Sarah Miller Bella Park Ivy Skerman Jindalae Ullaga Gabriella

Life Members

Donley Graham Jaffar Mahmud Kings-Lynne Gillian McMahon Gerald Osgood George Rogers Catherine

Annual General Meeting

To Be Held On Saturday 15th November At the Club Venue 3.30pm

All Cavs Members are encouraged to attend.

Agenda:

Meeting Open:
Present: Apologies:
Minutes of Last AGM:
President's Report:
Secretary's Report:
Treasurer's Report:
Registrar's Report
Coaches Report:
Equipment Report:
Vote on Mission Statement:
Vote on amended Constitution
and new complaints procedure:
Nomination of Committee 2015
Election of Committee 2015
Meeting Closed:

All Committee Positions will be open for renewal.

New 'blood' is essential to an effective committee. We urge everyone to read the job descriptions and consider the possibility of helping out on the Committee.

Importantly we require an efficient Tournament Officer – a role which has remained sadly vacant this year.

A new opening has been created for a Communications Officer to handle club promotion including the newsletter.

Please speak to current Committee members to find information on any position and to ask questions.

The traditional Sausage Sizzle will be organised to follow the meeting

Job Descriptions

A Notice for the AGM has been sent to you including the descriptions of all Committee Jobs.

We are hoping for stability and strong support from fencers in this coming year.

TOURNAMENT OFFICER

Be responsible for promotion of tournaments to club members, mainly those new members wishing to compete for the first time.

Advise newcomers of the procedure and facilitate the registration procedure.

Liaise between Fencing WA Tournament Director and Cavaliers' members for tournament procedures / timetable changes.

Organise the Cavaliers' DT Team for the Fencing WA tournaments which are hosted by Cavaliers.

Advertise and be responsible for making up a team of volunteers for the appropriate competitions.

Help to advertise and promote all competitions to the members with the aim of making Cavaliers a proactive club in the field of interclub competition.

Also help with intra-club comps if necessary.

Be familiar with the Referee List and ensure that the required referees will turn up.

COMMUNICATIONS OFFICER

Be responsible for communications to club members, and in particular the quarterly newsletter.

Coordinate and compile content for the newsletter.

Format the newsletter in an appropriate format to be both emailed to members as well as printed to be made available as a "hard copy" for members and interested parties.

Club Handicap Competitions

All competitions start at 1pm at Cavaliers. All welcome

1st November Foil Handicap 8th November Epee Handicap 15th November Sabre Handicap

Check Cavs website for details.

FencingWA Tournaments

1st – 2nd November Veteran Epee and Novice Foil

8th – 9th November WAFA Activity Day at Excalibur U/13 Foil FINAL

22nd – 23rd November Open Foil, Epee and Sabre FINALS

30th November Awards Presentation High Tea

See Fencing WA website for details http://www.fencingwa.com/

AFF Tournaments

5th – 9th **December** Australian Open and Veteran National Championships in Canberra

See AFF website for details: http://www.ausfencing.org/home/

Overseas Tournaments

10th – 19th November Commonwealth Open and Veteran Championships in Largs, Scotland

FencingWA Committee Meetings

All members are invited to attend the FencingWA meetings.

Wednesday 19th November Tuesday 16th December

Commonwealth Open and Veteran Championships 2014

This article was printed in the Stirling Times Community Newspaper on 28th October 2014 Picture by Marcus Whisson

"Focus is on play to win"



Peter Harbin

PETER Harbin says age has not dampened his competitive spirit.

The 81-year-old will represent Australia at next month's Commonwealth Fencing Championships in Scotland.

WAIS Opportunity

FencingWA has been invited by WAIS to participate in an athlete-focused life skills program which would offered as part of a broader high performance State Squad program. Spaces are strictly limited and will initially be offered to fencers who are aiming to participate in the national cadet 2015 championships.

Mr Harbin said although the sport was physically taxing, he still possessed an inner drive to win.

"It does require good reflexes but also you need to want to win, I've got this urge to win all the time.

"You're not there to sort of trail along, I fence to win," Mr Harbin said.

"It's very taxing because your body is falling apart and you're trying to improve your style, but you know I knock off people regularly in their 20s."

Mr Harbin travelled to Australia from England in the 50s on a family holiday and quickly found he did not want to return.

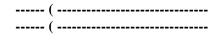
"We came out to Australia for a holiday for six months and I got a job as a Jackaroo; I thought 'I don't want to go back to pharmacy', so I did that for two years in Wagga Wagga, in New South Wales, and we started a small fencing club in Wagga," he said.

The Scarborough resident, who began fencing at 15 and now runs the York Motor Museum, said he continues to practise most days.

Mr Harbin said his favoured category of epee required speed and precision, meaning he practised most days.

"If you go to hit and you miss, someone will hit you, that's why I have a tennis ball hanging in the garden on a piece of string that I practise on," he said.

Mr Harbin has won 18 championships, including one Australian championship".



Cavs Fencers at the Commonwealth's in Scotland

Largs, Scotland 10th to 19th November 2014

"300 athletes from 20 countries and one of the world's fastest sports"

The Commonwealth Veterans'
Championships 2014 is being run at
the same venue as the Open
Championships between the 16th and
19th November 2014

CONGRATULATIONS CAVS ENTRANTS

Men's Foil
Dylan Devenish

Women's Sabre Marissa Black

Women's Veteran Epee Isobel Ellis

Men's Veteran Epee Peter Harbin

See the website for all information and results. "Watch Live" from 10th to 15th Nov

http://www.cfc2014.org/

Cavs Committee 2014

President
Vice President
Secretary
Registrar
Treasurer
Coach Coordinator
WAFA Rep
EquipmentManager
Armourer Assistant
Librarian
Tournament Officer
Website Manager
Social Secretary

ECU Liaison

Grace Rosario Malcolm Davies Jindalee Skerman Isobel Ellis Mahmud Jaffar Kvlie Caunt Seymour Wolfinger Drew Foley Perry Ruffo Andrew Munro Leon Brownrigg Position Vacant Malcolm Davies Dylan Devenish Llewelyn Foley Dylan Devenish

Female Fencing Day

FencingWA presented its 3rd annual Female Fencing Day – hosted by **ECU Cavalier School of Fencing** at Mt Lawley on 13th September 2014.

The Female Fencing Day is organised to encourage female participation in fencing.

Past, present and future female fencers are invited to participate in this event.

The event is about having fun and getting to know the female members of the fencing community rather than actually competing.

Entry to this day is free with a casual friendly atmosphere to welcome even the most hesitant beginner. All ages are welcome.

Tea, coffee and light refreshments are also provided on the day.

The format includes team and individual events as well as a 'have a go' session for newcomers.

The continuing success of this event is testament to the energy and enthusiasm of the wonderful ladies at Cays.



A 'Female Fencer' writes

FEMALE FENCING DAY

"WA held its third annual Female Fencing Day on 13 September 2014, to encourage the participation of girls and women in the sport.

We held friendly competitions in foil, epee and sabre and also held a "have a go" session for beginners of all ages.

We all had a fantastic day just having some fun with other girls and women from different clubs. I only started fencing a little less than 18 months ago and I don't get a chance to meet that many other girls at competitions (particularly those in different weapons), so this was a great opportunity to make some new friends at a fun, social event.

Some of us also decided to try competing in other weapons - with varying degrees of success (in my case, not much success at all, I'm definitely sticking with epee)!

Thanks Fencing WA and Kylie Caunt for organising this year - can't wait for the next one!"

Jinny Skerman



Women in Fencing Commission

At the Annual General Meeting of the Australian Fencing Federation in May this year it was decided to establish a Women in Fencing Commission in line with the FIE initiative.

Kylie Caunt has taken on the role of representative for Western Australia alongside Alanah Maclaurin who will represent the junior girls.

Here is the letter to the AFF from Ben Peden, President of FencingWA

"Adam (Reynolds),

Kylie Caunt has agreed to take on the role of WA representative for the Women in Fencing Commission.

Kylie has been fencing in Western Australia for a number of years now, and has been actively competing in the open and veteran national circuit in her chosen weapon of epee. Kylie has taken on numerous roles in the past including Treasurer of FencingWA, various administrative tasks in her club (ECU Cavaliers School of Fencing) and has also been very active coaching within the Club (including as the club's head coach). Kylie has also been central in organising our Female Fencing Days in recent years.

I will leave it to Kylie to fill in any relevant dates and correct any omissions I may have made.

Kylie will also be supported in the role by Alanah Maclaurin as our junior representative. Alanah is a member of UWA Fencing Club, also fencing epee, and is a member of the AFT.

Regards	, Ben	Ped	en.	,
---------	-------	-----	-----	---

)
;	
)

Photos Female Fencing



L to R Laura Hodges, Marissa Black, Freya North-Hodges (Exc)



L to R Ivy Park, Anne Bauer (SF), Jinny Skerman, Marissa Black



Marissa leading the Have a Go group for newcomers





Gillian Kings-Lynne with zucchini soup





FencingWA Awards Presentation High Tea

The Western Australian
Fencing Association
invites all
fencers
and their families
to the
2104 Award
Presentation

High Tea
At Yokine Bowling Club
10 Wordsworth Avenue
Yokine WA 6060
on

Sunday 30th November

2pm
Three Weapon Italian Relay
3pm
Awards Presentation

Variety of cakes and savoury food provided with tea, coffee and soft drinks Other drinks available for purchase

> Dress Smart Casual Tickets \$10 per head via website

Host Club Curtin Swordfish Fencing Club

Editor:

Gillian Kings-Lynne klfamily@iinet.net.au

Web Site: www.cavaliers.com.au

Contributions: Article from *Stirling Times*, Sarah Meredith, Jinny Skerman, Kylie Caunt, Drew Foley, Ben Peden, Timothy Kings-Lynne

Photos: Sarah Meredith, Jinny Skerman, Susannah Kings-Lynne

Fencing Information: AFF/WAFA website, Commonwealth Games website

Bronze Level Bladez

New Achievement Levels in the Bladez Group

"We have introduced levels of achievement to the Bladez group and have had our first grading on the 14th of September.

We had four young fencers go up to the first level 'Bronze'.

These are Gabriel Luca-Morison (left), Ellis Wakelam (middle), Matteo Rossaro (right) and Amy Kneale (not present)."

Sarah Meredith Bladez Coach



Bladez Achievers

More Photos Female Fencing Day



Steve Johnson assisting with Female Fencing Day



Isobel Ellis and Anne Bauer



L to R Ivy Park, Jinny Skerman, Anne Bauer, Emily Siggs, Freya North-Hodges, Marissa Black



Kylie Caunt - DT of Female Fencing Day



L to R Jinny Skerman, Marissa Black, Ivy Park at Female Fencing Day

Valued Volunteer City of Stirling

Each year the City of Stirling acknowledges nominated volunteer workers within local Sporting Clubs. Each nominee is invited to attend a special evening where they are interviewed and given due recognition – in addition to lots of free goodies!! An annual dinner is held mid-year where special winners are announced.

We congratulate **Kylie Caunt** and **Drew Foley** for each receiving a successful nomination - each the winner of their category.

Kylie Caunt winner of Community Coach Award



"Hi All

I have been nominated for the above award and would like to thank the people/person who put in the nomination.

When I saw that the letter was from the City of Stirling, my immediate reaction was 'what have I forgotten to pay' followed closely by 'what by laws have they changed now. So the contents of the letter were a big surprise.

It did put a smile on my face after a very trying day at work.

Regards Kylie"

Kylie started fencing at the ECU Cavalier School of Fencing in August 1999 as a Foilist. It was two years before she realised that Epee would be her favourite weapon. Her one foray into Sabre (where she took 3rd place), was as an emergency fillin for a team at a state level competition.

Kylie's first serious tournament was at a national tournament in Adelaide in 2003 where she bravely faced her national counterparts. While she had little luck against the much higher level of competition, she came away a wiser fencer and with a much greater awareness of the strength required to move forward.

Since then, Kylie has been a regular contestant at both local and national tournaments. Her best result at a national competition was 6th place in Perth in 2007 in Women's Open Epee. In 2008, also at the Perth nationals, she took 1st place in the Women's Veteran Epee in her age group and 2nd place overall.

Kylie has been the coaching coordinator on the ECU Cavalier School of Fencing committee since 2012, but has been heavily involved with the club as a member for many years before joining the committee.

Kylie has always been a staunch club member and one to give back to the sport as much as she has earned from it. In 2003, she held the WA Fencing Association Treasurer's position for two years — at that time raising money for the first of the recent nationals to be held in Perth.

In 2009, Kylie took the Australian Fencing Federation Level 1 Coaching Course. In 2013 she completed her Level 1 coaching qualifications in Epee. Kylie has been a coach at the club for many years.

Drew Foley winner of Valued Volunteer Award

"Hi Everyone,

I too have been nominated and feel very humbled that someone out there considers me deserving.

Like Kylie, I saw the letter and thought it must be something administrative to be dealt with or an update on the impact of pending council mergers. So thank you to the faceless men and women out there plotting behind the scenes!!

Have a great day everyone, Drew"



Drew Foley started fencing to be involved actively with his sons. At the end of 2011 he participated in a "Parents Have a Go" session at a competition in which one of his sons was competing. In the beginning of 2012 he began fencing at the ECU Cavalier School of Fencing.

Drew also wanted to "give back" to the club and so took up the position of Equipment Officer in 2012. He has remained in this position since. With a collection of clothing and equipment valued at around \$50,000, the job of Equipment Officer is not one which could be taken lightly.

The task involves hours of volunteer time, much of which is done at home. Drew does all of this over and above his job as an architect as well as his other sports and family commitments.

Drew also regularly participates in State and National level competitions in Epee and Sabre. He thinks that he is best described as "socially competitive" and says that: "Anyone who has seen me at a comp would know that I have the biggest grin from ear to ear regardless of the score!"

Drew has fenced in the Cavalier's Sabre team with his two sons, Llewelyn and Lohhrin (forming an all Foley Family Team!) as well as in the Cavalier's Epee team defeating Singapore with a convincing score.

T shirt Design by Timothy Kings-Lynne 2000

